



## Intro to the Stalking-Recapitulation Corner

### *Opening note*

In *Joining Forces*, following the context given by Carlos Castaneda, *stalking* refers to a state of active alertness and awareness, where the object that we are stalking is not a person or a place, it is not something in the physical world, but our fixed ideas and the narrative of our story.

In the shaman's world, at the point before entering into a new place, one stands for a moment at the threshold, at the portal that divides the two worlds, this side and that side. In the portal rests a reclined Chacmool guardian. Chacmoos are representations of shifts in consciousness from the attention of daily life, the first attention, to the attention of the left side, the second attention. In that moment, there at the crossing, a warrior casts his *intent*. He sends it to the other side like a beacon.

How did you arrive to the Legacy of the shamans of ancient Mexico?

Let's all go back and find this thread as our starting point and see the track of our life that started then and has brought you today to this point. What was the origination of the thread that ended up becoming your entrance into the cognitive world of the shamans, or at least your disposition to enter and know more about it?

Which were the subtleties that then led you to pick the phone in that moment that then led you to meet someone who then led you to a book of Castaneda?

Or the small detail that then made you enter into a thread of events that culminated in you attending your first live event on his legacy. Or someone influential in your life who opened your mind to it, or the connections that guided you to *Joining Forces* itself.

At that time, what of it inspired you and resonated in you? What made you curious and excited you? What lifted your energy or awoke your mystery side?

An example for me of such an uplift from the impact of meeting their Legacy was soon after I began to read Carlos Castaneda's books at the age of 15. What clicked in me then was a realization that the mind and the body were ONE thing. Right up to that moment, they had existed in my consciousness as two separate things. I had been brought up in a house of scientists, and the only bridge between both was in the vague idea of psychosomatic expressions, but which were in reality "just in the head." When I first read the books, within a short while I understood that the body and the mind were one same unit. My body understood it. And that click gave me a super boost; it was a clear uplift and it gave me the impetus for everything else that followed. My arrival to that click was my arrival at that threshold, the portal where the chacmools live.



We invite you to find the words, the syntax to describe these high-level inspirations in your life journey, when it also became a warrior-traveler's journey.

That would be a statement with power: a statement with *Intent* for pursuing as an opening salvo for our Recapitulation-stalking Corner. A welcoming of a joint effort by practitioners, stating how each one arrived.

**That is how Carlos Castaneda told us to open a new door of energy, to a new endeavor. By doing this, we are making a stand, a declaration to infinity that will give flight and depth to all the endeavors that take place in this online space.**

This energetic maneuver will put us all standing on the same ledge. Then we will all take a step forward, with the left, into their cognitive world, joining forces.

✨ once we compile all the statements, your coordinators will organize a joint dreaming visualization exercise where everyone meets at the ledge, with our energy bodies, and we take the step past the chacmools, together.

**Share with your fellow warrior- travelers how you entered the legacy of the shamans.**

What attracted you about their cognitive system?

And perhaps further along, this Corner can evolve into online witnessing trios where you could share this very story of power live in all its nuances. There you have an intent! 🤔



The term Joining Forces was coined by Brandon Scott, one of the other direct apprentice and me in response to an invitation that the nagual himself presented to both of us.

My teacher would say that Brandon and I shared what he called ‘a big thick cord of energy’ that was very harmonious, and because of it there was no dissent between us. And this was such an energetic fact! He would invite us over together to his house at any hour of the night and we would do weird things with him, mystery things. Brandon and I share that. One time, he told us that we were going to do together a numerito of the Theatre of Infinity. We had to come up with content for it and run it by him. We were sweating bullets, but also we were so excited. We decided to meet at a café near the nagual’s house to brainstorm ideas.

During that time, Castaneda had paired Brandon and me for practicing a specific long and complicated set of passes together, sort of like a vocabulary of a conversation in the form of movement, an exchange of energy with one another practicing side-by-side or front-to-front. In the end, Brandon and I conceived of a numerito that included us demonstrating the idea of joining forces for an instant, shown energetically rather than syntactically. The nagual loved it. Two warrior-travelers joined in their pursuit for freedom, side-by-side joining forces for an instant that is our lifetime, before returning to their origin, the stars themselves.

That is the spirit of the warrior that was imprinted in Brandon and me, the same spirit that I believe was at the core of what Carlos Castaneda himself believed, and under such edifice is that we usher open this Practice Corner, which I have no doubt he would have had a ball with!

The practice of the passes and the recapitulation were the cornerstones that he taught us in order to increase our energy, so it is fitting that a practice space for stalking-recapitulation such as this one be formed within the context of the Joining Forces project, where practitioners from all groups can participate in a joint redeployment of energy through reallocation of the very energy we spend to uphold our fixed ideas and mis-perceptions.

In the spirit of *joining forces* this corner is dedicated to my endless friend and cohort Brandon Scott, a master recapitulator.

### *First invite to track/recapitulate/stalk*

1- Personal Statements Getting to the threshold

Outlined above: How did you arrive to the Legacy of the shamans of ancient Mexico?

2- First Stalking

30-Day Challenge February 2025

How to command the direction of our *intent*?

**Find 2 Phrases**

**And stalk yourself with them for one month**

Say them

Think them

Write them

Feel them

Repeat them

Call them

Remind yourself of them

Live them

Examples:

- "Is it me or is it the flier?" "Wait, who is talking here?"
- "Endless resources, always solutions" "Stay flexible, bend like the wind"
- "I do it because I decide to, not because I have to" "I don't have to, but nevertheless I choose to"
- "The universe has my back, always." "What is the opportunity here?"

Use them as a reference to wake you up to give you another reference, to stalk auto-pilot and be aware of your perception

**Share explorations and findings**

