

Lead with Love Summit 2018



Lead your Legacy

Embody the Warrior, the Healer, and the Visionary

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Lead Your Legacy

Four Archetypes to lead your business, relationships and lives

Archetype is an universal symbolic pattern of energy



The Warrior

The Healer

The Visionary





The Warrior

- *to show up and choose to be present*
- Your Vitality, Energy and Purpose
- You express the warrior in daily life thorough your leadership abilities

The Healer

- *to pay attention to what has heart and meaning*
- Your Compassion, Gratitude and ability to Heal yourself
- You express the Healer in the ways you maintain your own health and the health of your environment

The Visionary

- *to tell the truth without blame of judgment*
- Your expansion of Perception, your Vision and Heart felt Desires
- You express the Visionary through creativity and ability to bring your life dreams and visions into the world





The Warrior

- Purpose:**

Revitalizing the body and embodying vitality, energy + purpose

State of readiness to act and make decisions

- Powers and Attributes:**

- Power of Presence
- Power of Communication
- Power of Position

- Practices:**

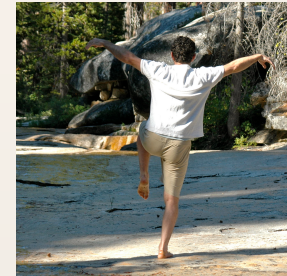
Breathing and Moving are key to awaken the Warrior

- Sixteen Energy Moves
- Liver-GB/Kidney- Adrenals Vital Centers

- Colors:** Orange and Yellow

- Qualities:** fearlessnesss, confidence, presence, relationships to others

- Element:** Earth and Fire





The Warrior

Quotes by Carlos Castaneda

“Feeling important makes one heavy, clumsy and vain. To be a warrior one needs to be light and fluid.”

“The basic difference between an ordinary man and a warrior is that a warrior takes everything as a challenge while an ordinary man takes everything as a blessing or a curse.”

“A warrior lives by acting, not by thinking about acting, nor by thinking about what he will think when he has finished acting.”

“An average man is too concerned with liking people or with being liked himself. A warrior likes, that’s all. He likes whatever or whomever he wants for the hell of it.”





The Warrior Quotes by Carlos Castaneda



“The spirit of the warrior is not geared to indulging and complaining, nor is it geared to winning or losing. The spirit of a warrior is geared only to struggle, and every struggle is a warrior’s last battle on earth. Thus the outcome matters very little to him. In his last battle on earth a warrior lets his spirit flow free and clear. And as he wages his battle, knowing that his “intent” is impeccable, a warrior laughs and laughs.”

“The hardest thing in the world is to assume the mood of a warrior. It is of no use to be sad and complain and feel justified in doing so, believing that someone is always doing something to us. Nobody is doing anything to anybody, must less to a warrior.”

“The self-confidence of the warrior is not the self-confidence of the average man. The average man seeks certainty in the eyes of the onlooker and calls that self-confidence. The warrior seeks “impeccability” in his own eyes and calls that humbleness. The average man is hooked to his fellow men, while the warrior is hooked only to infinity.”



The Warrior Recapitulation Exercise



Where in my life I can bring the mood of the warrior? What areas?

Where I need this experience of “I CAN DO IT”!

Where and when do I need to take action and show up for myself and others?

What project do you want to ‘give legs’ to?

1. Identify one project in the area of work, creativity or relationships that you want to take action.

For example: presenting an idea for a project at work to my boss and colleagues; design a webpage with the products I am making at home; taking a singing class I have been wanting to take for a while; start dating again; be more present in my parenting; etc.



The Healer

•**Purpose:** Bring heart to our projects: the emotional forces for health and healing
To awaken the ability to experience compassion, self-forgiveness, heal and prevent disease. Using the heart as a reference point and the center of emotional intelligence

•**Powers and Attributes:**

- Power of Emotional Freedom
- Power of Unconditional Acceptance
- Power of Unconditional Love

•**Practices:**

- Releasing body stress in chest, shoulders
- Assemblage point to Heart.
 - Four energy moves
 - Heart Vital Center
 - Listening the the voice of the Heart

•**Color:** Purple-white

•**Qualities:** compassion, loving presence, intelligence, grace

•**Element:** Water





The Healer

Quotes by Carlos Castaneda

“A warrior must always keep in mind that a path is only a path; if he feels that he should not follow it, he must not stay with it under any conditions. His decision to keep on that path or to leave it must be free of fear or ambition. He must look at every path closely and deliberately. There is a question that a warrior has to ask, mandatorily: Does this path have a heart?”

“All we need to pluck the wonders of this world of everyday life is enough detachment. But more than detachment, we need enough affection and abandon.”

“A warrior must love this world,” don Juan had warned me, “in order for this world that seems so commonplace to open up and show its wonders.”

“When one has nothing to lose, one becomes courageous. We are timid only when there is something we can still cling to.”





The Healer Recapitulation Exercise



*What needs healing in me?
At the physical, mental, emotional and energetic levels.*

*What do I need to heal in me in order to fulfill my project, dream, my relationships?
Is there any resentment, anger, frustration, any stones in my heart that I am ready to
look at?*

2. Identify negative feelings that may arise regarding your project. Are there any fears and emotional material on the way that may boycott your project?

For example: In order to finish writing my book, I want to release the fear of being judged and envied by others; or to present my idea to my boss, I want to release my fear of being rejected and laughed at; or to start dating, I want to release the fear that people may judge me; or to start dating, I want to let go of the fear of not finding the right person, etc.



The Visionary

- Purpose:**

Awakening our natural ability to receive guidance from higher forces

Working with dreaming and intention within a model of Conscious Business

Developing the vision and creativity to expand beyond our parameters of perception

- Powers and Attributes:**

- Power of Leadership

- Power of Creativity

- Power of Decision making

- Practices:**

- Turning off the linear eyes and turning on the non-linear vision

- Prefrontal cortex and Brain Vital Center

- Color:** dark orange, pomegranate

- Qualities:** Inspiration, Elevation, Insight, Foresight, Trust

- Element:** Air





The Visionary

Quotes by Carlos Castaneda

“Seeing is not a matter of the eyes. Seeing is alignment.”

“The alignment of emanations used routinely is the perception of the day-to-day world, but the alignment of emanations that are never used ordinarily is seeing.”

“The eyes of man can perform two functions: one is “seeing” energy at large as it flows in the universe and the other is “looking at things in this world.” Neither of these functions is better than the other; however to train the eyes only to look is a shameful and unnecessary loss.”





The Visionary Recapitulation Exercise



What is your vision for this project?

What is the ideal unfolding of your vision?

Think in a time line your vision in 3 months, in three years and in thirty years

What elements does your vision have?

3. Close your eyes. We will guide you through a visualization.

4. Open your eyes, write what you saw in your visualization. Include: the outcome, the elements, description of your vision, the colors, the size, age, and include what you would experience as you unfold your vision. How would you feel when your project is done? What would you experience?